

PRH - Daily Hike Possibilities and Details

Part I - The Pemi

Trails and Description *	Miles	Elev Gain	Approx Hours
Day 1 - Sunday - To Greenleaf Hut **			
1 - Greenleaf Tr <i>directly to Hut</i>	2.7	2,300	3-4
Steep climb below treeline. Rocky/rooty footing. View at Eagle Cliff			
2 - Old Bridle Path <i>directly to Hut</i>	2.9	2,450	3-4
Steep climb below treeline. Rocky but firm footing, some hands-on-rock climbing. View across Walker Ravine to Mt. Lafayette.			
3 - Falling Waters/Franconia Ridge/Greenleaf Tr <i>Franconia Ridge Loop</i>	6.0	3,950	6-7
Steep climb along waterfalls (wet rocks, stream crossings). View from Shining Rock. Narrow spine of Franconia Ridge crosses Mt Lincoln and Mt Lafayette with 360° views; steep boulder field descent.			
4 - Extra: Summit Mt. Lafayette from the hut	2.2	1,150	2
Take light pack for steep climb through chaotic rock field to summit; take time to enjoy 360 views			
Day 2 - Monday - To Galehead Hut			
1 - Greenleaf/Garfield Ridge Tr <i>to hut</i>	7.8	2,980	6-8
Steep climbs up and down Mt Lafayette and Mt Garfield (both good views of Pemi wilderness) and over many smaller knobs. Rocky/rooty poor footing, off-camber, often wet, a test for most people			
2 - Extra: Frost Tr from hut <i>to Galehead Mt and back</i>	1.0	250	1
Take light pack for moderate climb up Galehead Mt . Nice viewpoint below summit.			
Day 3 - Tuesday - To Zealand Falls Hut			
1 - Twinway <i>direct to hut</i>	7.3	1,810	5-7
Steep, bouldery climb to South Twin Mt and good views. Good footing through subalpine forest, ending with difficult climb and descent of Zealand Mt , fantastic view from Zeacliff, and steep rocky descent to hut.			
2 - Twinway/N. Twin Spur Tr <i>to North Twin</i>	9.9	2,560	7-9
Add out-and-back from the Twinway to North Twin Mt over moderate terrain. Small view near summit.			
3 - Twinway/Bondcliff Tr <i>to Mt Bond</i>	9.9	2,510	7-9
Add <i>out-and-back</i> to Mt Bond from the Twinway via the Bondcliff Trail. Expansive views deep in the Pemi. Moderate terrain, some weather exposure.			
Day 4 - Wednesday - Rest Day at Zealand Falls Hut			
1 - <i>Relax at the hut and Zealand Falls</i>	0.0	0	0
2 - Twinway/Ethan Pond Tr <i>to Thoreau Falls</i>	4.8	350	3-4
Gentle, mostly flat walk with mostly good footing to top of spectacular waterfall			
3 - Twinway/Lend-A-Hand Tr <i>to Mt Hale and back</i>	5.6	1,450	4-5
Climb to summit of Mt Hale through enchanted forest. Often wet, walking on log bridges, rocky/rooty in places. Limited views.			

Likely possibilities are shown; actual options will depend on conditions

* **Bold** are AMC official 4,000 footers

** For Day 1: shuttle van from Pinkham drops us at the applicable trailheads in Franconia Notch

PRH - Daily Hike Possibilities and Details

Part II - The Presidentials

Trails and Description *	Miles	Elev Gain	Approx Hours
Day 5 - Thursday - To Mizpah Spring Hut via Highland Center			
1 - Twinway/Zealand/A-Z/Avalon/Crawford Path/Mizpah Cutoff <i>to hut</i> Steady climb through woods on overgrown trail w/good footing; descend to resupply at Highland Center. Re-climb heavily-used, somewhat eroded path to hut	7.9	3,350	9-10
2 - Extra: Webster Cliff Tr to Mt Jackson <i>and back</i> Good trail; wet bits and bog bridges; rock scrambles (slippery when wet) to summit with 360° views	3.4	750	2-3
Day 6 - Friday - To Lakes of the Clouds Hut			
1 - Crawford Path/Eisenhower Loop/Monroe Loop <i>to hut</i> Steep scramble to Mt Pierce . Traverse ridge on rocky ledges, above treeline over Mt Eisenhower and Mt Monroe . (Can bypass difficult rock-hop on Monroe then climb from the hut with light packs).	5.3	2,300	5-6
2 - Extra: Mt. Washington summit out <i>and back</i> Moderate rockhop to Mt Washington (cafeteria and crowds) with light packs. Very weather exposed	3.0	1,300	3
3 - Extra: Boott Spur [Boott Spur] Moderate rockhop, good views, few people	3.1	650	2-3
Day 7 - Saturday - To Madison Spring Hut			
1 - Crawford Path/Westside/Gulfside/Jefferson Loop/Lowe's Path/Airline Trails <i>to hut</i> Increasingly rocky climb over Mt Jefferson and Mt Adams . Substantial up and down. Summits are boulder piles; entire route is exposed and dangerous in bad weather. If safety dictates we will skirt the summits; if weather is good, views are spectacular.	7.4	2,450	6-7
2 - Extra: Star Lake/Parapet Tr to Star Lake and the <i>Parapet and back</i> Fairly flat, nice view from Parapet; challenging boulder hop beyond the Parapet; explore but turn around	0.6	150	<1
3 - Extra: Osgood Tr to Mt. Madison <i>and back</i> Footing and exposure much like rest of the day. Nice views back on our route and done with light pack.	1.0	550	<1
Day 8 - Sunday - Return to Pinkham			
1 - Extra: Osgood Tr from hut to to Mt. Madison <i>and back</i> Footing and exposure much like previous day. Nice views back on our route and done with light pack.	1.0	550	1
2 - Valley Way Tr to Appalachia trailhead, then van to Pinkham Trail starts similar to previous day, steep and rocky as it drops below treeline, then mellows and follows a brook <i>back to road</i> . (Option for a swimming hole).	3.8	0	2-3
3 - Air Line Tr to Appalachia trailhead, then van to Pinkham Similar footing to previous day, stays above treeline with amazing head-on views down the ridge before dropping sharply and moderating for <i>last bit to road</i>	3.7	0	2-3
STAT TOTALS:			
Minimum Hiking Possible		42.2	15,190
Maximum Hiking Possible		62.7	22,040

Likely possibilities are shown; actual options will depend on conditions

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